



Is your practice heating up like the weather? Data from around the country, according to the [ADA](#) and others, is that dentistry is in the midst of a resurgence. We are coming back strong! As always, we are here if you need any help in developing a plan to move forward towards your best possible future or if you would like to more fully develop your team.

**What is the current status of your dental practice?**



● Open and business as usual
 ● Open but lower patient volume than usual
 ● Closed but seeing emergency patients only
 ● Closed and not seeing any patients

*Insight: As of week of July 13, 98% of dental practices in the U.S. are open. This was the same as two weeks prior.*

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Each publication will be sent via email and available for download from our [website](#).

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“What lies behind us  
and what lies before us  
are tiny matters  
compared to what lies within us.”  
— Oliver Wendell Holmes



Marie Curie  
(Maria Salomea Skłodowska)

POI:

The first woman to win a Nobel Prize, Marie Curie was born in 1867 in Warsaw.

Best known for coining the term “radioactivity,” she won the Nobel Prize in 1905.

emotion explored:

Fulfilled

Much of the content for issue 20.7 comes from Stephen Covey’s “The 7 Habits of Highly Effective People.” We use this text as a foundational piece of our Applied Strategic Planning Series. The timeless lessons allow our clients to fully explore and then develop themselves and a path for their best possible future...for fulfillment.

The quote at the top of this page is how Stephen Covey starts the discussion of Habit 2 (Begin with the End in Mind) of the aforementioned book.

Are you Fulfilled?

Habit 2 begins with a visualization exercise to imagine attending a funeral. Upon opening the program you find you are the one in the casket. On the program are speakers including family, friends and coworkers.

What will they say about you? What will they say about your character? What about the life you lived? How did you treat people around you?

A satisfaction (i.e. fulfillment) with what and how you are living life right now often gets reflected in what those around us say when they talk about us...

So, are leading a fulfilled life?  
Now is the time!

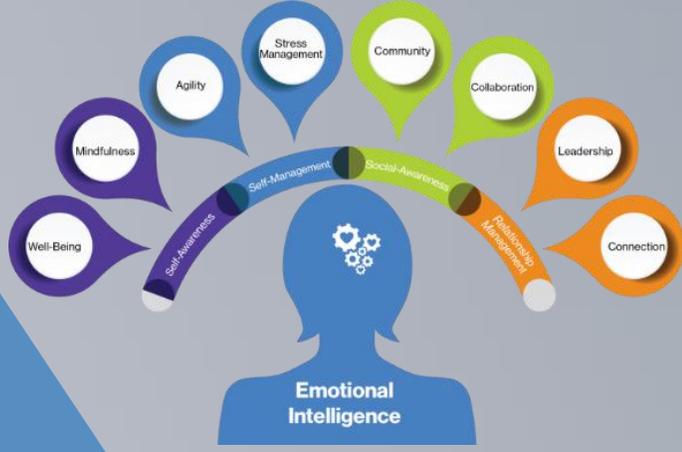
She was instrumental in the development of Cancer treatments as well as a deeper understanding of X-rays. She founded the Radium Institute which led to the Curie Institutes in Paris and Warsaw – which are active medical research facilities to this day.

Interest in Marie’s life and work has been reignited with the recent release of a movie about her (Radioactive) on Amazon Prime.

She had two daughters (Irene and Eve).

Much more information on [Wikipedia](#).

Learn With Us Live!  
EI – Austin November 2020





# The Personal Mission Statement

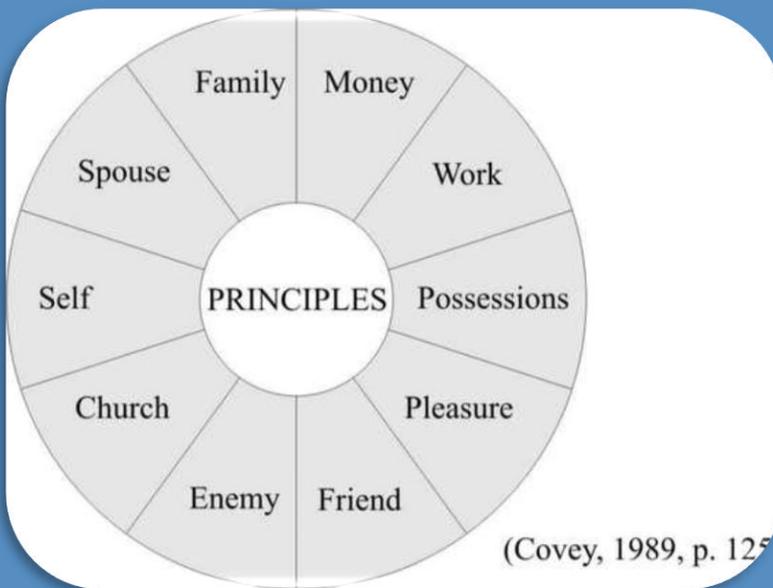
To continue the Habit 2 concept...

Covey talks about the best way to start figuring out how to start living with the end in mind is by developing a Personal Mission Statement. The statement should focus on what you want to be, to do, and the values used to accomplish the “to do.”

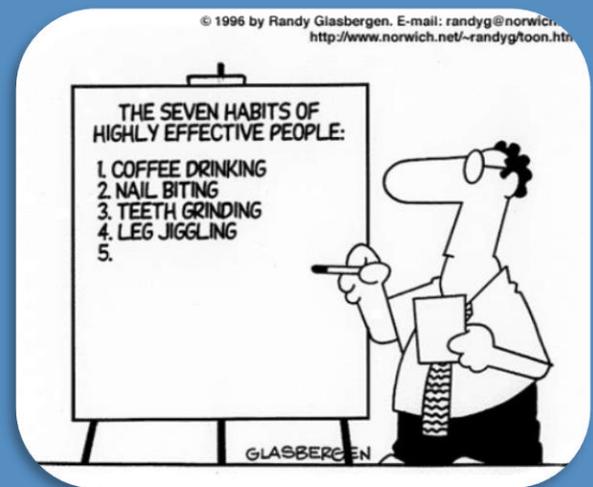
This statement will be highly personal so don't get too caught up on a perfect form.

Covey does describe the necessity to determine your center – this would be the values and vision you have for yourself. From there, four domains of life can be explored:

- Guidance – your source of direction in life**
- Security – your sense of worth**
- Wisdom – your perspective on life**
- Power – your agency in accomplishing something**



Finally, Covey references a “principle-centered” life as the ideal. The fully developed and mature individual will utilize the principle centered approach in all aspects of their life as seen in the graphic here.



[Get the book here!](#)

Our new Conscious Leadership Continuum will be a deeper dive in to some of these ideas. We will be launching this continuum later this year as a slightly condensed version for the Central Texas AGD. If you would like to learn more please send our Executive Admin, Peggy Sharp an email:

[Peggy@Insperoteam.com](mailto:Peggy@Insperoteam.com)



## Some Benefits of the Conscious Leadership Continuum:

- ✓ **Enhanced Self Awareness**
- ✓ **Increased Fulfillment**
- ✓ **Team Performance**
- ✓ **Patient Satisfaction**

Some introductory information is also available on our website, [here!](#)